

PREVENT ZIKA

Summer Travel Zika Protection

Stay Clear of Zika Virus!

Zika is a disease primarily spread by mosquitoes, but Zika can also be passed through sex from a person who has Zika to his or her sex partners.



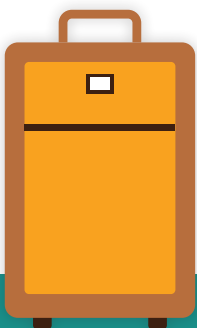
NO
medicine to treat
and **NO** vaccine
to prevent
Zika

WHAT ARE THE SYMPTOMS?

- fever and headache
- red eyes
- rash
- joint pain
- muscle pain

80%
of people with **Zika**
don't know they
are infected

PACK TO PROTECT YOURSELF AGAINST ZIKA VIRUS



- Pack EPA-registered insect repellents containing **20%-30% DEET** (follow label directions)
- Pack long sleeves, long pants and socks or permethrin-treated clothing and gear
- Zika can also be spread through sexually activity, so pack appropriate protection
- Stay in places with air conditioning, tight-fitting window and door screens, use a bed net



STOP THE SPREAD OF ZIKA VIRUS

- Watch for symptoms after you get home.
- Call your doctor immediately if you suspect Zika
- Use insect repellent for **3 weeks** after travel



- **Female traveler** – Use condoms for all sexual activity or abstain from sex for at least **8 weeks** after returning from an area with Zika
- **Male traveler** – Use condoms for all sexual activity or abstain from sex for at least **6 months** after returning from an area with Zika



Find out what it takes to stop Zika
Please visit dph.georgia.gov/zika

